

Feed Me Fresh * 2019 * Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice.

Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
				5 Cereal, Fruit, Milk
				Crispy Battered Cod w/ Tarter W. G. Roll, Cauliflower, Fruit, Milk
				Mini Muffins 1% Milk
4 Cereal, Fruit, Milk	5 Bagels (WGR), Fruit, Milk	6 Oatmeal (WGR), Fruit, Milk	7 Breakfast W. G Pizza w/ Egg & Cheese Fruit, Milk	8 Cereal, Fruit, Milk
Mac & Cheese, (W. G. Pasta) Stewed Tomatoes, Fruit, Milk	Sante Fe Chicken, Rice & Beans, Mixed Vegetable, Fruit Milk	Split Pea Soup Tuna Melt on W. G. Bread, Fruit, Milk	Chef Salad(egg, cheese, turkey, cucumber) W. G. Garlic Bread, Fruit, Milk	Pork & Apple Burger on whole grain roll w/ Rosemary Roasted Potatoes, Fruit & Milk
Carrots & Cottage Cheese	Yogurt & Strawberries	Graham Crackers & Milk	Fig Newton Milk	Pretzels & Cream Cheese dip
11 Cereal, Fruit, Milk	12 Bagels (WGR), Fruit, Milk	13 Oatmeal (WGR), Fruit, Milk	14 Waffles, Fruit, Milk	15 Cereal, Fruit, Milk
Butternut Squash Ravioli in a Sage Brown Butter Sauce, Green Beans, Fruit, Milk	Beef Shepherds Pie, Smashed Potatoes, Mixed Veg, Milk, Fruit, w.w. bread	Roasted Pork Tenderloin, Braised Cabbage, Potato Pierogi, Milk, Fruit	Roasted Sweet Red Pepper Chicken, Red Bliss Potatoes, Harvard Beets, Fruit, Milk, w.w. roll	Eggplant Rollette, Broccoli, Herbed W.G. Pasta, Fruit, Milk
Pita Chips & Dip	Yogurt & Strawberries	Graham Crackers & Milk	Cheeze It Crackers (WGR), fruit	Celery & Sun butter
18	19 Bagels (WGR), Fruit, Milk	20 Oatmeal (WGR), Fruit, Milk	21 Waffles, Fruit, Milk	22 Cereal, Fruit, Milk
Center Closed President's Day	Chicken Cheese Steak on W.G.Roll American Cheese, Sauteed onions, Potato Wedges, Fruit, Milk	Grilled Cheese & Tomato Soup Fruit Milk	Baked Ziti, W.G. Garlic bread, Tossed Salad, Milk & Fruit	Pepperoni Pizza, Bean Salad Fruit & Milk
	Yogurt & Strawberries, Water	Graham Crackers & Milk	Cheese & Crackers, Water	Cornbread & Milk
25 Cereal, Fruit, Milk	26 Bagels (WGR), Fruit, Milk	27 Oatmeal (WGR), Fruit, Milk	28 Pancakes(WG) Fruit Milk	
Pulled Pork, W.G. Bun, Cole Slaw, Fruit & Milk	Chicken Pot Pie, W.G Pastry, Mixed Vegetable, Fruit & Milk	Sloppy Joe's on W.G Roll, Broccoli Soup Fruit, & Milk	Eggs Benedict, WG English Muffin W/ Hollandaise, Braised Spinach, Friu & Milk . <i>Infants: ham & cheese melts Eng. Muffin</i>	
Fruit Pizza, Milk	Yogurt & Strawberries	Graham Crackers & Milk	Apple Yogurt Loaf & Milk	