

Feed Me Fresh * June 2018 * Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice.

Thank you.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cereal, fruit, milk
				Turkey Burger, Whole Wheat Bun (WGR), Cole Slaw, Fruit, Milk
				Carrot Sticks, Pretzels & Dip
4 Cereal, fruit, milk	5 Bagels (WGR), fruit, milk	6 Oatmeal (WGR), fruit, milk	7 Waffles, fruit, milk	8 Cereal, fruit, milk
Ground Turkey & Chickpeas, Whole Wheat Pitas (WGR), Spinach Salad, Fruit, Milk	Pineapple Teriyaki Chicken, Brown Rice (WGR), Zucchini, Fruit, Milk	BBQ Pulled Pork, Soft Taco, Green Lettuce, Cheese, Fruit, Milk	Ground Turkey Stir Fry, Brown Rice (WGR), <u>Snow Pea Stir Fry</u> *FME, Fruit, Milk	Pepperoni Pizza, Bean Salad, Spinach Salad, Fruit, Milk
Graham Crackers & Milk	Vanilla Yogurt with Strawberries	Animal Crackers & Milk	String Cheese & Peaches	Bran Flake (WGR) Trail Mix & Milk
11 Cereal, fruit, milk	12 Bagels (WGR), fruit, milk	13 Oatmeal (WGR), fruit, milk	14 Waffles, fruit, milk	15 Cereal, fruit, milk
Crispy Cod with Tartar Sauce, Potato Wedges, Dinner Roll, Fruit, Milk	French Toast, Sausage, Hashbrown Potatoes, Fruit, Milk	Tex Mex Ground Beef, White Rice, Black Beans, Salsa, Lettuce, Cheese, Fruit, Milk	Herbed Chicken, Asparagus, Whole Wheat Pasta (WGR) with Parmesan & <u>Cilantro Pesto</u> *FME, Fruit, Milk	Ham & Cheese on Whole Wheat Bread (WGR), Zucchini, Fruit, Milk
Apple Juice & Red Peppers	Bananas & Animal Crackers	Peaches & Cottage Cheese	Vanilla Yogurt & Bran Flakes (WGR)	Celery Sticks with Sunbutter and Raisins
18 Cereal, fruit, milk	19 Bagels (WGR), fruit, milk	20 Oatmeal (WGR), fruit, milk	21 Waffles, fruit, milk	22 Cereal, fruit, milk
Ground Beef Meatballs, Pita Bread (WGR), Tzatziki Sauce, Cucumber Salad, Fruit, Milk	Herbed Pork Loin, Smashed Potatoes, Couscous, Fruit, Milk	Italian Pasta Salad, Hard Boiled Eggs, Spinach Salad, Fruit, Milk	Sloppy Joe's Ground Beef, Whole Wheat Hamburger Bun (WGR), Cole Slaw, Fruit, Milk	Red Pepper Basil Chicken, Farro (WGR), Spinach Salad, Fruit, Milk
Animal Crackers & Milk	Carrots & Cheddar Cheese cubes	Graham Crackers & Milk	<u>Zucchini Muffins</u> *FME & Milk	Pineapple & Graham Crackers
25 Cereal, fruit, milk	26 Bagels (WGR), fruit, milk	27 Oatmeal (WGR), fruit, milk	28 Waffles, fruit, milk	29 Cereal, fruit, milk
Chicken Sausage, WW Pasta (WGR), Asparagus, Fruit, Milk	Turkey & Cheese Sandwich on Whole Wheat Bread (WGR), Cole Slaw, Fruit, Milk	Mac & Cheese Pasta, Bean Salad, Carrots, Fruit, Milk	Chef's Salad, Hard Boiled Eggs, Ham Cheese, Lettuce, Dinner Roll, Fruit, M	Ground Beef Hamburgers, Cheese, Whole Wheat Bun (WGR), Broccoli, Fruit, Milk
Carrots & Pretzels with Dip	Ritz Crackers & Cheese Cubes	Raisin Bread & Milk	<u>Edamame Hummus</u> * FME with Pitas (WGR)	String Cheese & Carrots