

Feed Me Fresh * January 2017 * Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice.

Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
	3 Bagels, fruit, milk	4 Oatmeal, fruit, milk	5 Waffles, fruit, milk	6 Cereal, fruit, milk
CLOSED	Egg Salad, Whole Wheat Bread, Kale Salad, fruit, milk	Herbed Cod, Quinoa, Corn, fruit, milk	Chicken Sausage Pasta, White Beans, fruit, milk	Split Pea Soup, Turkey Sandwich, Cheese on Whole Wheat bread, fruit, milk
	Goldfish & Cheese cubes	Salsa & Tortillas	String Cheese & Crackers	Sour Cream Dip & Carrots
9 Cereal, fruit, milk	10 Bagels, fruit, milk	11 Oatmeal, fruit, milk	12 Waffles, fruit, milk	13 Cereal, fruit, milk
Broccoli Mac & Cheese, Bean Salad, fruit, milk	Chicken with capers, peas & carrots, brown rice, milk, fruit	Turkey Chili, dinner rolls, corn, fruit, milk	Crispy Cod, Roasted Potatoes, Broccoli, dinner roll, fruit, milk	Chicken Salad, Whole Wheat Bread, Basil Cole Slaw, fruit, milk
Yogurt & Pineapple	Animal Crackers & Milk	Apple Sauce & Teddy Grahams	Rice Cakes & Sunbutter	Vanilla wafers & Peaches
	17 Bagels, fruit, milk	18 Oatmeal, fruit, milk	19 Waffles, fruit, milk	20 Cereal, fruit, milk
CLOSED	Ground Turkey, Mashed Potatoes, peas and carrots, fruit, milk	Lemon Pepper Chicken, Barley, Peas, fruit, milk	Tortellini with Tomato & Ricotta, Peas, fruit, milk	Winter Chicken Soup, butternut squash and cranberries, fruit, milk, dinner roll
	Raisins & Graham crackers & Milk	Goldfish & Juice	Yogurt & Granola	Ice Cream & Grahams
23 Cereal, fruit, milk	24 Bagels, fruit, milk	25 Oatmeal, fruit, milk	26 Waffles, fruit, milk	27 Cereal, fruit, milk
Asian Pork Vegetable Stir Fry, Jasmine Rice, fruit, milk	Chicken Sausage, Quinoa, Peppers & Onions, fruit, milk	Baked Ziti with Ground Turkey Marinara, kale salad, fruit, milk	Turkey & Cheddar Sandwich, Cilantro Broccoli, fruit, milk	Beef Chili, cole slaw, dinner roll, fruit, milk
Soft Pretzels & Cheese sticks	Vanilla wafers & Bananas	String Cheese & Crackers	Salsa & Chips	Pretzels & Cheese cubes
30 Cereal, fruit, milk	31 Bagels, fruit, milk			
Honey Mustard Cod, Roasted Potatoes, Broccoli, dinner roll, fruit, milk	Oven baked Greek Chicken, Chickpeas and Kale, pita, fruit, milk			
Salsa & Chips	Yogurt & granola			