

Feed Me Fresh * June 2019 * Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice.

Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cereal (WGR) Fruit, Milk	4 Bagels(WGR) Fruit, Milk	5 Oatmeal (WGR), Fruit, Milk	6 Sausage & Biscuit, Fruit & Milk	7 Cereal(WGR) , Fruit, Milk
Cilantro Lime Chicken, Quinoa, Mexican Corn, Fruit, Milk	Sweet & Sour Pork., Cous Cous Oriental Veg , Fruit, Milk	National Veggie Burger Day Veggie Burger, W.G. Roll, Summer Succotash Salad, Fruit, Milk	Battered Cod w/ Tarter Sauce Cole Slaw, W.G. Roll, Fruit & Milk	Cheese Quesadilla (WGR), Rice & Beans, Fruit, Milk
Strawberries & Yogurt	Blueberry Muffin, 1% Milk	Ritz Crackers & Milk	Fallafel, Tzatziki Sauce(Yogurt Sauce)	Fruit Festival w/ Krspy Rice Topping
10 Cereal (WGR) Fruit, Milk	11 Bagels (WGR), Fruit, Milk	12 Oatmeal (WGR), Fruit, Milk	13 Eggs, w.w. Bread, Fruit, Milk	14 Cereal(WGR) , Fruit, Milk
W. G. Pasta w/ Meat Sauce, Tossed Salad, Fruit, Milk	Sliced Steak Sandwich w/ Onions & AU Jus On Onion Roll, Roasted Potato Wedges, Fruit & Milk	De-constructed Chicken KBob Roasted Vegetables, Quinoa, Fruit, Milk	Chicken Caesar Salad, Garlic Bread(WGR) , Milk, Fruit,	Waffles (WGR) Sausage, Butternut Squash, Fruit, Milk
Graham Crackers & Milk	Sweet Treat Tortillas	Tahini Fudge , Milk, Fruit	W.G. Tortilla Chips & Salsa	Pizza Snack Cups
17 Cereal(WGR) , Fruit, Milk	18 Bagels (WGR), Fruit, Milk	19 Oatmeal (WGR), Fruit, Milk	20 Waffles (WGR), Fruit, Milk	21 Cereal(WGR), Fruit, Milk
Beef Stir-Fry, Vegetable Fried Rice, Stir-Fry Vegetable, Fruit & Milk	Chicken Caesar Salad, Garlic Bread, Milk, Fruit, w.w. bread	Warmed Ham & Cheese Croissan Spinach Salad, Fruit & Milk	BBQ Pulled Pork., W. G. Rolls, Cole Slaw, Plantains , Milk	Baked Stuffed Shells, W.G. Garlic Bread, Green Beans, Roll Fruit, Milk
Cold Sesame Noodle, Milk	Yogurt & Peaches	Cinnamon Apples, Milk	Carrot Sticks , Dip	Ny Pretzel & Cheese sauce
24 Cereal(WGR) , Fruit, Milk	25 Bagels (WGR), Fruit, Milk	26 Oatmeal (WGR), Fruit, Milk	27 Waffles (WGR), Fruit, Milk	28 Cereal(WGR), Fruit, Milk
Chicken Parmesan , Pasta(WGR) , Roasted Vegetable, Fruit & Milk	Philly Cheese Steak on W.G.Roll American Cheese, Sauteed onions, Potato Wedges, Fruit, Milk	Grilled Cheese, Tomato Pumpkin Soup, Fruit Milk	Egg Salad on (WGR) Bread, Cold Vegetable Salad, Milk & Fruit	Pepperoni Pizza, Bean Salad Fruit & Milk
Cucumbers & Onion Dip	Banana Strawberry Smoothie	Cheese & Crackers, Water	Tortilla and Guacamole	Crunchy Cranberry Apple Crisp & Milk
July 1 First Day of Camp		Reminder!...	Center Closed July 4th and 5th	To Celebrate Independence Day!!!