***Feed Me Fresh \* May 2019 \* Mount Kisco Child Care Center***

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|  Monday |  Tuesday  |  Wednesday |  Thursday |  Friday |

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|  |  | 1 Oatmeal (WGR), Fruit, Milk | 2 Sausage & Biscuit, Fruit & Milk | 3 Cereal, Fruit, Milk |
|  |  | BBQ Pulled Pork., Rice Cole Slaw , Fruit Milk | Battered Cod w/ Tarter SauceCarrots, W.G. Roll, Fruit & Milk | Cheese Quesadilla (WGR), Rice & Beans, Fruit, Milk |
|  |  | Ritz Crackers & Milk | Applesauce & Milk | Mini Muffin 1% Milk |
| 6 Cereal, Fruit, Milk | 7 Bagels (WGR), Fruit, Milk | 8 Oatmeal (WGR), Fruit, Milk | 9 Eggs, w.w. Bread, Fruit, Milk | 10 Cereal, Fruit, Milk |
| Cavatapi Broccoli Alfredo, (W. G. Pasta)Broccoli, Fruit, Milk |  French Toast, Sausage Links, Hash Brown Patty, Fruit, Milk | Warmed Ham & Cheese Croissant,Baby Carrots, Fruit & Milk | Chef Salad, Turkey, Eggs, Cheese,Milk, Fruit, w.w. bread | W. G. Pasta w/ Meat Sauce, Tossed Salad, Fruit, Milk |  |
| Chex covered Yogurt Milk | Yogurt & Peaches | Graham Crackers & Milk | W.G. Tortilla Chips & Salsa | Pretzels & whipped Cream Cheese dip |
| 13 Cereal, Fruit, Milk | 14 Bagels (WGR), Fruit, Milk | 15 Oatmeal (WGR), Fruit, Milk | 16 Waffles, Fruit, Milk | 17 Cereal(WGR), Fruit, Milk |
| Tuna Salad on W.W. Bread3 Bean Salad, Fruit & Milk | Sloppy Joe’s on W.G Roll, Broccoli Soup Fruit, & Milk | Eggs Benedict, English Muffin, w/Hollandaise Sauce, Braised Spinach, Fruit, Milk | Chicken Caesar Salad, W. G. Roll,Fruit, Milk | Baked Cheese Manicotti, W.G. Green Beans, Roll Fruit, Milk |
|  | Yogurt & Peaches | Trail Mix & Milk | Cheeze It Crackers (WGR) Milk | Rice Cakes & Sunbutter |
| 20 Cereal, Fruit, Milk | 21 Bagels (WGR), Fruit, Milk | 22 Oatmeal (WGR), Fruit, Milk | 23 Waffles (WGR), Fruit, Milk | 24 Cereal, Fruit, Milk |
| Chicken Bruschetta Pesto, Quinoa, Roasted Vegetable, Fruit & Milk | Polish Kielbasa, Braised Red Cabbage, Pierogis Milk & Fruit | Grilled Cheese & Tomato SoupFruit Milk | Chicken Gyro on Pita Bread, Greek Salad, Milk & Fruit | Pepperoni Pizza, Bean SaladFruit & Milk |
| Cucumbers & Onion Dip | Yogurt & Peaches, Water | Graham Crackers & Milk | Cheese & Crackers, Water | Hummus & Pita Chip |
| 27 | 28 Bagels (WGR), Fruit, MilkNational Hamburger Day | 29 Oatmeal (WGR), Fruit, Milk | 30 Pancakes(WG) Fruit Milk | 31 Cereal, Fruit, milk |
| Memorial Day | Hamburger on While Wheat Roll, Potato Salad, Watermelon, Milk | Eggplant Rollatini, Green Beans, Italian Bread, Fruit, Milk | Turkey & Cheese Croissant, Spinach Salad, Fruit & Milk | Cheese Pizza, Tossed Salad, Fruit & Milk |
|  | Yogurt & Peaches | Graham Crackers & Milk | Apple Yogurt Loaf & Milk | Fig Newton Milk |

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!