

Feed Me Fresh * May 2019 * Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice.

Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Oatmeal (WGR), Fruit, Milk	2 Sausage & Biscuit, Fruit & Milk	3 Cereal, Fruit, Milk
		BBQ Pulled Pork., Rice Cole Slaw , Fruit Milk	Battered Cod w/ Tarter Sauce Carrots, W.G. Roll, Fruit & Milk	Cheese Quesadilla (WGR), Rice & Beans, Fruit, Milk
		Ritz Crackers & Milk	Applesauce & Milk	Mini Muffin 1% Milk
6 Cereal, Fruit, Milk	7 Bagels (WGR), Fruit, Milk	8 Oatmeal (WGR), Fruit, Milk	9 Eggs, w.w. Bread, Fruit, Milk	10 Cereal, Fruit, Milk
Cavatapi Broccoli Alfredo, (W. G. Pasta) Broccoli, Fruit, Milk	French Toast, Sausage Links, Hash Brown Patty, Fruit, Milk	Warmed Ham & Cheese Croissant, Baby Carrots, Fruit & Milk	Chef Salad, Turkey, Eggs, Cheese, Milk, Fruit, w.w. bread	W. G. Pasta w/ Meat Sauce, Tossed Salad, Fruit, Milk
Chex covered Yogurt Milk	Yogurt & Peaches	Graham Crackers & Milk	W.G. Tortilla Chips & Salsa	Pretzels & whipped Cream Cheese dip
13 Cereal, Fruit, Milk	14 Bagels (WGR), Fruit, Milk	15 Oatmeal (WGR), Fruit, Milk	16 Waffles, Fruit, Milk	17 Cereal(WGR), Fruit, Milk
Tuna Salad on W.W. Bread 3 Bean Salad, Fruit & Milk	Sloppy Joe's on W.G Roll, Broccoli Soup Fruit, & Milk	Eggs Benedict, English Muffin, w/Hollandaise Sauce, Braised Spinach, Fruit, Milk	Chicken Caesar Salad, W. G. Roll, Fruit, Milk	Baked Cheese Manicotti, W.G. Green Beans, Roll Fruit, Milk
	Yogurt & Peaches	Trail Mix & Milk	Cheeze It Crackers (WGR) Milk	Rice Cakes & Sunbutter
20 Cereal, Fruit, Milk	21 Bagels (WGR), Fruit, Milk	22 Oatmeal (WGR), Fruit, Milk	23 Waffles (WGR), Fruit, Milk	24 Cereal, Fruit, Milk
Chicken Bruschetta Pesto, Quinoa, Roasted Vegetable, Fruit & Milk	Polish Kielbasa, Braised Red Cabbage, Pierogis Milk & Fruit	Grilled Cheese & Tomato Soup Fruit Milk	Chicken Gyro on Pita Bread, Greek Salad, Milk & Fruit	Pepperoni Pizza, Bean Salad Fruit & Milk
Cucumbers & Onion Dip	Yogurt & Peaches, Water	Graham Crackers & Milk	Cheese & Crackers, Water	Hummus & Pita Chip
27	28 Bagels (WGR), Fruit, Milk National Hamburger Day	29 Oatmeal (WGR), Fruit, Milk	30 Pancakes(WG) Fruit Milk	31 Cereal, Fruit, milk
Memorial Day	Hamburger on While Wheat Roll, Potato Salad, Watermelon, Milk	Eggplant Rollatini, Green Beans, Italian Bread, Fruit, Milk	Turkey & Cheese Croissant, Spinach Salad, Fruit & Milk	Cheese Pizza, Tossed Salad, Fruit & Milk
	Yogurt & Peaches	Graham Crackers & Milk	Apple Yogurt Loaf & Milk	Fig Newton Milk