

The Bedford Pound Ridge

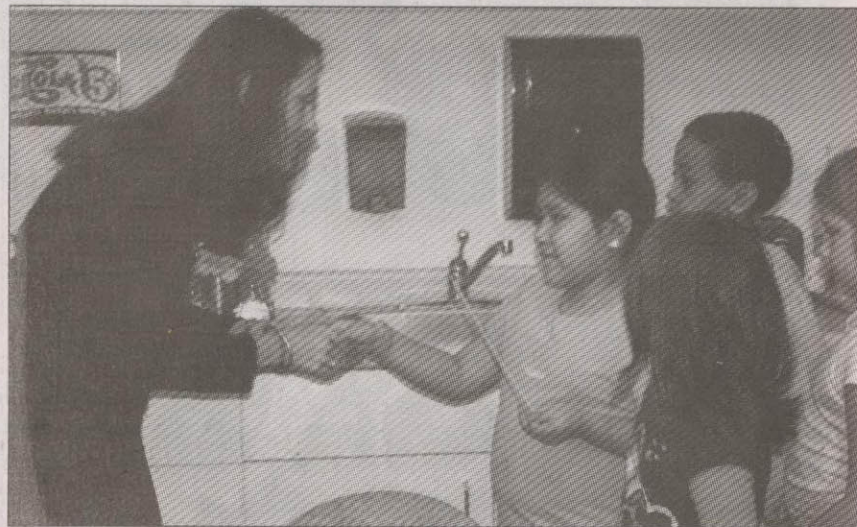
RECORD REVIEW

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Business

Briefs



Lisa Cohn accepts a donation on behalf of SuperKids from Slow Food Lower Hudson Valley presented by children at the Mount Kisco Child Care Center.

Event to benefit Mount Kisco Child Care Center

The Mount Kisco Child Care Center recently hosted a Slow Food Dinner, "More Than a Bag of Beans," educating the community on the benefits and methods of growing and preparing dry beans preserved from local harvest.

The evening began with a bean tasting led by Mimi Edelman of I & Me Farms, who discussed the nutritional differences between locally grown heirloom black turtle beans and canned black beans. Members of Slow Food served a dinner menu that highlighted dry beans/legumes, and included white bean dip, salad with lentils, chili, cornbread and black bean brownies.

Ingredients came from Diggers East and WinterSun Farms, and MKCCC children provided herbs from their edible schoolyard garden. The elders of My Second Home and afterschool children of MKCCC as a part of the

Intergenerational Program prepared the cornbread and brownies for the community dinner.

After dinner, Slow Food Lower Hudson Valley asked children from MKCCC to present a donation to Lisa Cohn, who accepted the donation for SuperKids, a humanitarian aid program through Gladney Center for Adoption. Children gave the donation from money from their three seasons of farmers markets on the front porch of MKCCC to SuperKids, which supports efforts to enhance the quality of life of at-risk children in orphanages across Asia, Africa and Latin America. Dottie Jordan, executive director, and Dawn Meyerski, program director of MKCCC received a donation totaling \$1,800 from Slow Food Westchester/Lower Hudson Valley to go toward their greenhouse initiative, a part of the intergenerational program.