

Feed Me Fresh * Sept. 2019* Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice.

Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Oatmeal(WGR), Banana, Milk	5 Biscuits, Banana, Milk	6 Cereal (WGR)Banana, Milk
		(WGR) Penne w/ Tomato Cheese Sauce, Mixed Veg. Apple, Milk	Cranberry Apple Pork Roast, Roasted Potatoes , Quinoa, Peaches, Milk	Ginger Teriyaki Chicken, Oriental Veg., W.W. Roll, Apple, Milk
		Muffin & Milk	Granola Balls & Milk	Baked Apples & Milk
9 Cereal (WGR)Banana, Milk	10 Bagels (WGR),Banana , Milk	11 Oatmeal(WGR), Banana, Milk	12 French Toast(WGR) Banana, Milk	13 Cereal (WGR)Banana, Milk
Mac & Cheese (WGR) Pasta, Broccoli , pears, & Milk	Sliced Steak w/ Onions & Peppers Grilled Zucchini Salad, Garlic Bread Orange, Milk	Cuban Sandwich WGR Bread,(Pork Loin, cheese ,pickle) ,Plums, Milk, Cuban Black Beans	Meatloaf, Smashed Potatoes, Gravy, Cauliflower rice, Apple, Milk	Cheese Quesadilla (WW) Rice & Beans ,Plantains , Milk
Ny Pretzel & Cheese	Corn & Blueberry Muffins & Milk	Graham Crackers & Milk	Sun butter & Celery	Pizza Snack Cups
16 Cereal (WGR)Banana, Milk	17 Bagels (WGR),Banana , Milk	18 Oatmeal(WGR),Banana, Milk	19 Waffles(WGR) Banana, Milk	18 Cereal (WGR)Banana, Milk
Beef Chili over Brown Rice, Beans, Watermelon & Milk	Pork & Apple Burger on W.W. Roll, Sweet Potato & Chickpea Salad, Milk, Cantaloupe	Southwestern Egg & Cheese Muffin, Corn Bread, Spinach Nectarines & Milk	Sliced Italian Chicken Breast, Homemade Eggplant Fries, Quinoa, Oranges, Milk	Hamburgers, Roasted Sweet Potatoes, WGR Roll, Strawberries, Milk
Graham Crackers, Milk	Yogurt & Peaches	Mini Bagel Pizza & Milk	Carrot Sticks , Yogurt Dip	Banana Bread & Milk
23 Cereal (WGR)Banana, Milk	24 Bagels (WGR),Banana , Milk	25 Oatmeal(WGR),Banana, Milk	26 Waffles(WGR) Banana, Milk	27 Cereal (WGR)Banana, Milk
Turkey Bolognese, WGR Pasta Garlic Bread, Oranges, Milk	Roast Turkey w/ Gravy, stuffing & Squash Au Gratin, Pineapple, Milk	Fennel & Pork Ragu over Pasta, Tossed Salad & Apples, Milk	Cheddar & Munster Croissants, Waldorf Salad, Watermelon, Milk	Cheese Pizza, Bean Salad Fruit & Milk
Pumpkin Bread & Milk	Goldfish & Milk	Cucumbers & Ranch & Milk	Mini Pretzels & Real Cheese Sauce	Apples & Sun butter
28 Cereal (WGR)Banana, Milk	29 Bagels (WGR),Banana , Milk	30 Oatmeal(WGR),Banana, Milk		
Baked Cheese Manicotti, Garlic Green Beans, Peaches, Milk	Pot Roast, Quinoa & Brown Rice, WGR Roll, Watermelon, Milk	Parmesan Crusted Tilapia, Roasted Sweet Potatoes, Cous Cous, Apples, Milk		
Carrot Sticks & Salsa	Sunbutter & Jelly Krispy Treat & Milk	Fresh Fruit Salad & Milk		