

Feed Me Fresh * August 2019 * Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice.

Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Biscuits, Fruit, Milk	2 Cereal (WGR) Fruit, Milk
			Pulled Pork on W.W. Roll, Cole Slaw Fruit, Milk	Cheese Quesadilla (WW) Rice & Beans ,Fruit , Milk
			Goldfish & Milk	Fresh Veggies & Hummus
5 Cereal (WGR) Fruit, Milk	6 Bagels (WGR), Fruit, Milk	7 Oatmeal (WGR), Fruit, Milk	8 French Toast (WGR), Fruit, Milk	9 Cereal (WGR) Fruit, Milk
Sausage & Peppers w/ Onions Over Rice ,Fruit, Milk	American Goulash(WGR) Pasta, Peas, Fruit & Milk	Grilled Cheese, Italian Wedding Soup, Fruit, Milk	Beef Tacos, Cheese, Salsa, Sour Cream, Lettuce Tortilla Shell, Fruit, Milk	Antipasti Platter w/ Cheese, Peppers, olives, Salami , Pepp Roll, Fruit & Milk
Yo Yogurt Cocoa Dip, Pears	Hummus & Vegetables	Cucumbers & Dip	W.G. Tortilla Chips & Salsa	Pizza Snack Cups
12 Cereal (WGR) Fruit, Milk	13 Bagels (WGR), Fruit, Milk	14 Oatmeal (WGR), Fruit, Milk	15 Waffles (WGR), Fruit, Milk	16 Cereal (WGR) Fruit, Milk
Chicken Souvlaki , Pita Bread & Greek Salad ,Fruit & Milk	Pork & Apple Burger on W.W. Roll, Sweet Potato & Chickpea Salad, Milk, Fruit,	Warm Turkey & Cheese Croissant Kale Salad, Fruit & Milk	Kielbasi, Red Cabbage, Peirogies Fruit, Milk	Baked Cheese Manicotti, Green Beans, Fruit, Milk
Graham Crackers, Milk	Yogurt & Peaches	Rainbow Fruit Salad, Milk	Carrot Sticks , Dip	Ny Pretzel & Dip
19 Cereal (WGR) Fruit, Milk	20 Bagels (WGR), Fruit, Milk	21 Oatmeal (WGR), Fruit, Milk	22 Waffles (WGR), Fruit, Milk	23 Cereal, Fruit, Milk
Italian Combo, Salami, Pepperoni, Ham, Tomato Cucumber Salad Fruit & Milk	Sloppy Joes on W.W. Roll, Baked Beans, Fruit, Milk	Fennel & Sausage Ragu over Pasta, Tossed Salad & W.W. Bread, Fruit Milk	Chicken Salad on W.W. Bread, Cold Vegetable Salad, Milk & Fruit	Battered Cod, Rice, Fruit & Milk
Cheese & Crackers	Fresh Veggies & Hummus	Cucumbers & Onion Dip	Tortilla and Guacamole	Crunchy Cranberry Apple Crisp & Milk
26 Cereal (WGR) Fruit, Milk	27 Bagels (WGR), Fruit, Milk	28 Oatmeal (WGR), Fruit, Milk	29 Pancakes (WGR) Fruit, Milk	30 Cereal (WGR) Fruit, Milk
Roast Beef & Cheese on Onion Roll , Spinach Salad, Fruit , Milk	Spinach Pie , Greek Salad w/ Feta Cheese, Fruit, Milk	Grilled Cheese on W.W. Bread, Tomato Soup, Fruit & Milk	Peach Chicken, Quinoa, Broccoli, Milk, Fruit,	Pepperoni Pizza, Bean Salad Fruit & Milk
Ritz Crackers & Sun butter	Pretzels & Dip	Vegetable Sticks & Cottage Cheese	Cheese & Crackers, Water	Pita & Hummus