

## Feed Me Fresh December 2019 Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children between the age of 12 mths and 2 yrs. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
2(WGR) Toasted Oats,Banana, Milk	3 (WGR) Bagel, Blueberries, Milk	4 Oatmeal (WGR), Pineapple, Milk	5 (WGR) Biscuits,Fruit Cocktail, Milk	6 Kix (WGR)Banana, Milk
Sloppy Joes on W.W. Bun, Potato Wedges, Oranges, Milk	Battered Cod, Tatar Sauce, Brown Rice, Cole Slaw, Pears, Milk	Chicken Salad Melt, On W.W. Bread, Vegetable Soup, Apple, Milk	Cranberry Apple Pork Roast, Roasted Potatoes, Quinoa, Peaches, Milk	Ginger Teriyaki Chicken, Oriental Veg. Brown Rice, Orange, Milk
Cheese & Crackers	Yogurt & Peaches	Muffin & Milk	Granola Balls & Milk	Apple Sauce & Crackers
9 Toasted Oats (WGR)Banana, Milk	10 Bagel, Strawberries, Milk	11 Oatmeal (WGR),Peaches Milk	12 Pancakes, Apple Sauce, Milk	13 Kix (WGR)Banana, Milk
Mac & Cheese (WGR) Pasta, Broccoli, pears, & Milk	Beef Tacos, Salsa, Sour Cream, Cheese, Tortilla shell, Brown Rice, Lettuce, Orange, Milk	Grilled Cheese, On W.W. Bread, Split Pea Soup, Pineapple, Milk	Chicken Bacon Ranch, Brown Rice, Mixed Vegetable, Watermelon, Milk	Cheese Quesadilla (WW) Rice & Beans, Pears, Milk
Ny Pretzel & Cheese	Corn & Blueberry Muffins & Milk	Graham Crackers & Milk	Corn Bread &Milk	Pizza Snack Cups & Milk
16 Cereal (WGR)Banana, Milk	17 Bagels, Tropical Fruit, Milk	18 Oatmeal(WGR),Apples, Milk	19 (WGR) Waffles, Pineapple, Milk	18 Life Cer. (WGR)Banana, Milk
Beef Chili Mac WGR Pasta, Cauliflower, Watermelon & Milk	Puerto Rican Pork Shoulder, Black Beans & Rice Plantains, Milk	Grilled Cheese & Tomato sndwch Butter Nut - Pumpkin Soup Fruit Cocktail & Milk	Meatloaf, Smashed Potatoes, Gravy Green bean, Apple, Milk	Pepperoni Cheese Pizza, 3 Bean Salad, Oranges Milk
Graham Crackers, Milk	Yogurt & Peaches	Zoo Animal Crackers & Milk	Carrot Sticks, Sun butter	Goldfish & Milk
23 Cereal (WGR)Banana, Milk	24 Bagels (WGR),Blueberries, Milk	25	26	27 Kix (WGR)Banana, Milk
Baked Ziti. WGR Pasta, Garlic Bread, Spinach, Oranges, Milk	Chicken Marsala, Brown Rice & Zucchini, Pineapple, Milk	CLOSED	CLOSED	Hamburgers, WW Roll, Roasted Sweet Potatoes, Watermelon, Milk
Pumpkin Bread & Milk	Goldfish & Milk			Bavarian Pretzels & Cheese
30 Cereal (WGR)Banana, Milk	31 (WGR) Bagels, Peaches, Milk			
Smothered Chicken w, peppers & Onions, Rice, Peaches, Milk	French Toast, Chicken Sausage, Hash Browns, Pineapples, Milk			
Carrot Sticks & Sun Butter	House Baked Tortilla Chips & Salsa			