

# Feed Me Fresh January 2020 Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2. MKCCC is a nut free facility.

Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 (WGR) Pancakes ,Fruit Cocktail, Milk	3 Kix (WGR)Banana, Milk
		Closed	BBQ Pork Roast, Roasted Potatoes, Quinoa, Peaches, Milk	Ginger Teriyaki Chicken, Oriental Veg. Brown Rice, Orange, Milk
			Sticky Oat Bars & Milk	Trail Mix & Milk
6 Toasted Oats (WGR)Banana, Milk	7 WGR Bagel, Strawberries, Milk	8 Oatmeal (WGR),Peaches Milk	9 Pancakes, Apple Sauce, Milk	10 Kix (WGR)Banana, Milk
Mac & Cheese (WGR) Pasta, Broccoli, pears, & Milk	Beef Tacos, Salsa, Sour Cream, Cheese, Tortilla shell, Brown Rice, Lettuce Tomato, Orange, Milk	Ham & Cheese Croissant, Lentil Soup, Pineapple, Milk	Chicken Bacon Ranch, WGR Quinoa Pilaf, Mixed Vegetable, Watermelon, Milk	Cheese Quesadilla (WW) Rice & Beans, Pears, Milk
Pretzels & Cheese Sauce	Blueberry Muffins & Milk	Graham Crackers & Milk	Corn Bread &Milk	Pizza Snack Cups & Milk
13 Cereal (WGR)Banana, Milk	14 WGR Bagels, Tropical Fruit, Milk	15 Oatmeal(WGR),Apples, Milk	16 (WGR) Waffles, Pineapple, Milk	17 Life Cer. (WGR)Banana, Milk
WGR Pasta Meat sauce,(Turkey) Asparagus, Watermelon & Milk	Puerto Rican Pork Shoulder, Plantains, Milk, Black Beans & Rice	Grilled Cheese & Pasta Fagioli, Soup, Fruit Cocktail & Milk	Meatloaf, Gravy, Green bean, Barley & Mushroom Risotto, Apple, Milk	Pepperoni Cheese Pizza, 3 Bean Salad, Oranges Milk
Ritz & Milk	Cauliflower Bread sticks & Milk	Zoo Animal Crackers & Milk	Celery & Sun Butter	Goldfish & Milk
20	21 Bagels (WGR),Blueberries, Milk	22 Oatmeal (WGR),Peaches Milk	23 (WGR) Pancakes, Apple Sauce, Milk	24 Kix (WGR)Banana, Milk
Closed	Chicken Pot Pie, Biscuit, Zucchini, Pineapple, Milk	Sloppy Joes on W.W. Bun, Potato Wedges, Oranges, Milk	Battered Cod, Tartar Sauce, Brown Rice, Cole Slaw, Pears, Milk	Vegetable Lasagna, Mixed Veg., Watermelon, Milk
	Hummus & Pita Bread	Cheese & Crackers	Trail Mix & Milk	Bavarian Pretzels & Cheese
27 Cereal (WGR)Banana, Milk	28 (WGR) Bagels, Peaches, Milk	29 Oatmeal(WGR),Apples, Milk	30( WGR) Waffles, Pineapple, Milk	31 Life Cer. (WGR)Banana, Milk
Hand Crafted Smothered Pork Patty w, peppers & Onions, Rice, Peaches, Milk	French Toast, Chicken Sausage, Hash Browns, Pineapples, Milk	Chili Mac,WGR Pasta, Cauliflower, Milk, Oranges .	Beef & Eggplant Moussaka, Garlic Bread, Spinach, Pears, Milk	Pepperoni Cheese Pizza, 3 Bean Salad, Oranges Milk
Carrot Sticks & Sun Butter	House Baked Tortilla Chips & Salsa	Yogurt & Peaches	Applesauce & Graham Crackers	WGR Cheese-it Milk