

Feed Me Fresh January 2020 Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2.. MKCCC is a nut free facility.

Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
3 Toast. Oats (WGR)Banana, Milk	4 Bagels (WGR),Blueberries, Milk	5 Oatmeal (WGR),Peaches Milk	6 (WGR)Cinnamon Roll, Apple, Milk	7 Kix (WGR)Banana, Milk
WGR Pasta w/ Cheese Carbonara, Escarole & Mushrooms, Watermelon & Milk	Roasted Pork loin w/ a Fruit Chutney, Farrow, Apples, Milk	Turkey Melt on WW Bread, Taco Tom. Soup, Pears, Milk	Peach Chicken, Roasted Root Vegetable, Brown Rice, Orange, Milk	Beef Stew, Stew Vegetables, Barley, Watermelon, Milk
Kiwi & ½ Mini Bagel	Avocado Toast & Milk	Sun Butter & Crackers	Trail Mix & Milk	Oatmeal Energy Bite & Milk
10 Toast. Oats (WGR)Banana, Milk	11 WGR Bagel, Strawberries, Milk	12 Oatmeal (WGR),Peaches Milk	13WGR Waffles, Apple Sauce, Milk	14 Kix (WGR)Banana, Milk
Mac & Cheese (WGR) Pasta, Spinach, pears, & Milk	Beef & WGR Rice Burritos, Plantains, Black Beans & Salsa mix, Milk	Grilled Cheese on WW Bread, Butternut Squash Soup, Pineapple, Milk	Chicken, Cesar Salad, WW Garlic Bread Watermelon, Milk	Parmesan Crusted Tilapia, WGR Brown & Wild Rice, Kiwi, Milk
Pretzels & Milk	Green Apples & Sun Butter	Egg salad & Cocktail Bread	Graham Crackers & Milk	Pizza Snack Cups & Milk
17	18 WGR Bagels, Tropical Fruit, Milk	19 Oatmeal(WGR),Apples, Milk	20 (WGR)Cinnamon Roll, Apple, Milk	21 Life Cer. (WGR)Banana, Milk
Closed	Chicken Tenders & Waffles, Syrup, Creamed Collard Greens, Watermelon, Milk	Warm Roast Beef & Ched. Melt, Croissant, Warm Pear & Kale Salad Blueberries & Milk	Roast Turkey, Stuffing, Smashed Pot., Brussel Sprouts, Apple, Milk	Cheese Manicotti, WW Garlic Bread, Broccoli, Oranges Milk
	Cauliflower Bread sticks & Milk	Zoo Animal Crackers & Milk	Potato Celiac & Chive & Milk	Goldfish & Milk
24 Toast. Oats (WGR)Banana, Milk	25 Bagels (WGR),Blueberries, Milk	26 Oatmeal (WGR),Peaches Milk	27 (WGR) Pancakes, Apple Sauce, Milk	28 Kix (WGR)Banana, Milk
Swedish Meatballs, Egg Noodles, Ratatouille, Apple,	Chicken Pot Pie, Biscuit, Zucchini, Pineapple, Milk	Sloppy Joes on W.W. Bun, Potato Wedges, Oranges, Milk	Battered Cod, Tartar Sauce, Brown Rice, Cole Slaw, Pears, Milk	Pepperoni Cheese Pizza, 3 Bean Salad, Oranges Milk
Ham & Cheese Roll-Ups	Hummus & Pita Bread	Cheese & Crackers	Trail Mix & Milk	Bavarian Pretzels & Cheese