

Feed Me Fresh * July 2020 * Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice.

Thank you. Enjoy!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|
| | | 1 Oatmeal (WGR), Banana, Milk | Biscuit, Strawberries & Milk | 3 |
| | | Warmed Ham & Cheese Croissant, Glazed Carrots, Fruit & Milk | Battered Cod w/Tarter Sauce Cole Slaw W.G. Roll, Pineapple & Milk | Closed- Happy Independence Day!!! |
| | | Yogurt & granola | Cheeze its & Milk | |
| 6 Cereal, Bananas, Milk | 7 Bagels (WGR), Strawberries, Milk | 8 Oatmeal (WGR), Banana, Milk | 9 WGR Waffles, Blueberry, Milk | 10 WGR Cereal, Banana Milk |
| WGR Ziti Alfredo (Cheese Sauce) Broccoli, Peaches, Milk | French Toast, Sausage Links, Hash Brown Patty, Apple, Milk | BBQ Baked Chicken., WGR Brown Rice, Apple Slaw Pears, Milk | Turkey Meatloaf, Smashed Potatoes, WW Dinner Roll Milk, Fruit Cocktail | W. G. Pasta w/ Meat Sauce, Cauliflower, Oranges, Milk |
| Yogurt covered chex and Milk | Cheese & Crackers | Graham Crackers & Milk | Fig Newton and Milk | Pretzels & Cheese dip |
| 13 Cereal, Fruit, Milk | 14 Bagels (WGR), Fruit, Milk | 15 WGR Oatmeal, Banana, Milk | 16 Waffles, Blueberry and, Milk | 17 Cereal (WGR)Banana, Milk |
| WGR Spaghetti & Meatballs, Green Beans, Watermelon, Milk | Chicken Caesar, Romaine, WW Dinner Roll, Oranges, Milk | Sloppy Joe's on WGR Roll Broccoli Salad, Pears, & Milk | Turkey Burgers, WGR Roll, Potato Wedges, Peaches, Milk | Cheese Quesadilla (WGR), Rice & Beans, Apple, Milk |
| Pita Chips & Dip | Strawberries & Milk | Graham Crackers & Milk | Cheese It Crackers (WGR) Milk | Kiwi & Milk |
| 20 Cereal WGR, Bananas, Milk | 21 Bagels (WGR) Bananas, Milk | 22 Oatmeal (WGR)Banana, Milk | 23 Waffles (WGR), Kiwi, Milk | 24 WGR Cereal, Banana, Milk |
| Hamburger on Whole Wheat Roll, Fries, Watermelon, Milk | Philly Cheese Steak on WGR Roll American Cheese, sauteed onions, Potato Wedges, Fruit, Milk | Grilled Cheese & Tomato Soup Fruit Milk | Chicken Sausage & Peppers, WW Roll, Milk & Pineapple | Beef Tacos, L&T, Sour Cream, Salsa, WGR Tortilla shell, Plantains, Milk |
| Yogurt covered chex & Milk | Yogurt & Peaches, Water | Graham Crackers & Milk | Cheese & Crackers, Water | Cornbread & Milk |
| 27 Cereal WGR, Bananas, Milk | 28 Bagels (WGR), Fruit, Milk | 29 Oatmeal (WGR), Fruit, Milk | 30 Pancakes (WGR) Fruit, Milk | 31 Cereal, Fruit, milk |
| Roast beef & Cheese on WW Bread, Potato Salad, Strawberries & Milk | Cheese Quesadilla (WGR), Rice & Beans, Apple, Milk | Chicken Salad Melt, WW Bread, Tomato Cucumber Salad, Peache Milk | Polish Kielbasa, Braised Red Cabba Pierogis Milk & Fruit | Cheese Pizza, Bean Salad Fruit & Milk |
| Yogurt & Granola | Sun butter & Celery Stix | Graham Crackers & Milk | Apple Yogurt Loaf & Milk | Fig Newton and Milk |