

Feed Me Fresh October 2020 Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice.

Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Biscuits, Apple, Milk	2 Kix (WGR)Banana, Milk
			Pot Roast, Roasted Potatoes, Carrots, WGR Roll, Watermelon, Milk	Chicken & Broccoli Lo Mein Noodle, Oriental Veg., Apple, Milk
			Hummus & Pita Chip	Baked Apples & Milk
5 Toasted o (WGR)Banana, Milk	6 Bagels (WGR), Pears, Milk	7 Oatmeal (WGR), Banana, Milk	8 French Tst WGR) Fruit Cocktail, Milk	9 Life (WGR) Apple Sauce, Milk
Eggplant Rollatini, Broccoli, W.W. Pasta, Pears, & Milk	Beef Tacos, WGR Tortilla Shell, Lettuce, Cheese, Salsa, Orange, Milk	Grilled Cheese on W.W. Bread, Vegetable Chicken Noodle Soup, Oranges, Milk	Meatloaf, Smashed Potatoes, Gravy, WGR Roll. Apple, Milk	Chicken & Cheese Quesadilla (WW) Rice & Beans, Plantains, Milk
Ny Pretzel & Cheese	Corn & Blueberry Muffins & Milk	Graham Crackers & Milk	½ Sun butter & Jelly Sand	Salsa & Baked tortilla shells
12	13 Bagels (WGR),Blueberries, Milk	14 Oatmeal (WGR),Banana, Milk	15 Waffles(WGR) Apples, Milk	16 Kix (WGR)Banana, Milk
Closed	Chicken Bacon Ranch Sub, Tossed Salad w/ warm Honey Mustard Dressing, Oranges, Milk	Beef Stroganoff over noodles, Carrots, Watermelon, Milk	Pesto Chicken, Roasted Butternut Squash, Creamy Polenta, Pears, Milk	Mac & Cheese (WGR) Pasta, Broccoli , pears, & Milk
	Yogurt & Peaches	½ Grilled Cheese & Milk	Pepper Strips, Yogurt Dip	Banana Bread & Milk
19 Toasted o (WGR)Banana, Milk	20 Bagels (WGR), Peaches, Milk	21 Oatmeal (WGR), Banana, Milk	22 Waffles(WGR) Blueberries, Milk	23 Life (WGR)Banana, Milk
Spaghetti & Meatballs, WGR Pasta Garlic Bread, Spinach, Oranges, Milk	Chicken Fajitas, Peppers & Onions, WGR Pita Bread, Sour Cream, Cheese, Pineapple, Milk	Ham & Cheese Croissants, Split Pea Soup, Watermelon, Milk	Battered Cod w/ Tartar Sauce Zucchini, Greek Orzo Salad, Apple & Milk	Pulled Pork, Cole Slaw, Corn Bread, Oranges & Milk
Pepper Strips, Yogurt Dip	Goldfish & Milk	Cucumbers & Ranch & Milk	Mini Pretzels & Real Cheese Sauce	Apples & Sun butter
26 Cereal (WGR)Banana, Milk	27 Bagels (WGR), Pineapple, Milk	28 Oatmeal (WGR), Banana, Milk	29 Biscuits, Strawberries, Milk	30 Life (WGR)Banana, Milk
Baked Cheese Manicotti, Garlic Green Beans, Peaches, Milk	Pulled Pork Cole Slaw, Corn Muffin, Watermelon, Milk	Grilled Cheese, WW Bread, Tomato, Apples, Milk	Chicken Tenders, Mac & Cheese, WGR, Apples, Milk	Cheese Pizza, Bean Salad Oranges & Milk
Carrot Sticks & Salsa	Sun butter & Jelly Krispy Treat & Milk	Fresh Fruit Salad & Milk	Sun butter & Celery	Pumpkin Bread & Milk