

# Feed Me Fresh November 2020 Mount Kisco Child Care Center

If your child has a food allergy, please provide the information to The Nurse or to the receptionist at the front desk as soon as possible. MKCCC will attempt to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2. MKCCC is a nut free facility.

Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
2 WGR Toasted Os, Banana, Milk	3 WGR Bagels, Blueberries, Milk	4 Oatmeal (WGR), Bananas Milk	5 (WGR)Cinnamon Roll, Apple, Milk	6 Kix (WGR)Banana, Milk
Shepherds Pie, WW Bread, Carrot & Peas, Strawberries Milk	French Toast, Chicken Sausage, Hash Brown Patty, Syrup, Oranges, Milk	Herb Roasted Pork Loin, Roasted Potatoes, WGR Brown Rice, Pears, M	Cheese Alfredo Sauce, WGR Penne, Lemon Asparagus, Apple & Milk	Chicken & Cheese Quesadilla, Mexican Street Corn off the Cob, Watermelon, Milk
WGR Oatmeal Raisin Cookies & Milk	String Cheese & Crackers	GoldFish & Milk	Pepper strips, Ranch dip & M	Healthy Baked Churro Donut Holes & Milk
9 WGR Toasted Os, Banana, Milk	10 WGR Bagel, Strawberries, Milk	11	12 Pancake, Peaches Milk	13 Kix (WGR)Banana, Milk
Sweet & Sour Roasted Pork loin , Quinoa, Cauliflower, Apples, Milk	Taco Lasagna, WW Wraps, Brown Rice & Beans, Cheese, & Corn Salsa, Pears, Milk	<b>Closed</b>	Herb Egg Frittata, Roasted Potatoes, WGR Bread, Watermelon, Milk	Sausage & Fresh Fennel Ragù over WGR Penne, Pineapple, Milk
Pumpkin Loaf & Milk	Trail Mix & Milk		Baked Apples & Milk	Cheese & Crackers
16 WGR Toasted Os, Banana, Milk	17 WGR Bagels, Tropical Fruit, Milk	18 Oatmeal (WGR),Banana, Milk	19 (WGR)Cinnamon Roll, Apple, Milk	20 Life Cer. (WGR)Banana, Milk
Creamy Turkey Bolognese Sauce /WGR Pasta, Kale Salad, Apples, Milk	Chicken Tenders & Waffles, Syrup, Creamed Spinach, Watermelon, Milk	Monte Cristo (ham,Turkey & chse on French toast), Sweet Pot. Fries, Pears Milk	Braised Pork Roast, WW Garlic Pasta, Broccoli, Melon, Milk	Baked Ziti, WW Garlic Bread, Tossed Salad, Oranges Milk
Graham Crackers & Milk	WGR Mini Pizza Bagels & Milk	Cream Cheese & Jelly ½ Sand. WW Bread & Milk	Muffin & Milk	Cheese & Crackers
23 WGR Toasted Os, Banana, Milk	24 Bagels (WGR),,Blueberries, Milk	25 Oatmeal (WGR),Peaches Milk	26 <b>Happy</b>	27 <b>Thanksgiving</b>
Turkey Meat Sauce, Cavatelli Broccoli, Apple, Milk	Teriyaki Chicken, Lomien,, Stir-Fry Veg, Mandarin Oranges, Milk	Grilled Cheese on WW Bread, Split Pea Soup, Pears, Milk	<b>Closed</b>	<b>Closed</b>
Trail Mix & Milk	WGR Cheddar Rice Cakes & Milk	Green Apples & Sun Butter		
30 WGR Toasted Os, Banana, Milk				
WGR Pasta w/ Meat Sauce, Broccoli, Apples, Milk				
Cheese Stick & Crackers				