***Feed Me Fresh Feed Me Fresh \* December 2019\* Mount Kisco Child Care Center \* December 2019\* Mount Kisco Child Care Center***

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|  Monday |  Tuesday  |  Wednesday |  Thursday |  Friday |

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| --- | --- | --- | --- | --- |
|   |  |  |  | 1 WGR Life, Banana, Milk |
|  |  |    |  | Chicken & Broccoli Risotto,Apples, Milk |
|  |  |  |  | Pretzels & Mil |
| 4 WGR Toasted Oat Banana, Milk | 5 WGR Bagels, Strawberries, Milk | 6 WW Bread, Egg, Blueberries, Milk | 7 WGR Waffles, Banana, Milk | 8 WGR Life, Banana, Milk |
| Beef Taco Lasagna, (cheese, sour cream, salsa, WW soft Tortilla, lettuce) Plantains, Milk | French Toast, Sausage, Home Fries, Oranges, Milk  | Grilled Ham & Cheese on Croissant, Tomato Soup, Pineapple, Milk | Chicken Teriyaki, WGR Brown Rice, Oriental Vegetable, Oranges, Milk |  Battered Cod, Asparagus,WGR Brown, Rice, Pears, Milk  |
| Animal Crackers & Milk |  Oranges & Milk |  Yogurt & Granola | Crackers & Cheese Stick | Banana Bread & Milk |
| 11  | 12 WGR Bagels, Strawberries, Milk | 13 WGR Oatmeal, Bananas, Milk | 14 WGR Pancakes, Blueberries, Milk | 15 WGR Life, Banana, Milk |
|  Closed | Chicken Bacon Ranch, WGR Dinner Roll, Spinach, Pear, Milk | Swedish Meatballs, WGR Pasta,Green Beans, Oranges, Milk  | Baked Pork Loin, WGR Brown Rice, Baby Carrots, Baked Apples, Milk | Macaroni & Cheese, Broccoli, Blueberries, Milk |
|  | Graham Crackers & Milk | Cauliflower Cheese Bread & Milk | Guacamole & Baked Chips | Zoo Animal Crackers & Milk |
| 18 WGR Toasted Oat, Banana, Milk | 19 WGR Bagels, Strawberries, Milk | 20 WW Bread & Eggs, Blueberries, Milk | 21 WGR Waffles, Blueberries, Milk | 22 WGR Life, Banana, Milk |
| Baked Cheese Lasagna, Garlic Green Beans, Mangos, Milk | BBQ Chicken, Corn on Cob, Corn Bread, Watermelon, Milk | Grilled Cheese, WW Bread Broccoli Soup, Apple, Milk | Hot Roast Turkey, Stuffing, Brussel Sprouts, Oranges, Milk  |  Flat Bread Pizza, Tossed Salad, Watermelon, Milk |
| Trail Mix & Milk | Berry & Mango Parfait w/ Milk | Cheese & Crackers | Cauliflower cheese Bread, & Milk | Banana Bread & Milk |
| 25 WGR Toasted Oat, Banana, Milk | 26 WGR Bagels, Strawberries, Milk | 27 WGR Oatmeal, Bananas, Milk | 28 WGR Pancakes, Blueberries, Milk | 29 WGR Life, Banana, Milk |
| Chicken Souvlaki, Pita Bread, Greek Salad, Pineapple, Milk  | Beef Burger, WW Roll, Broccoli Salad, Pear, Milk  | Ritz Crumb Chicken Tenders, Sweet Potatoes Fries, WW Dinner Roll, Oranges, Milk | Mac & Cheese, WGR Elbow, Asparagus, Apples, Milk | Cheese Pizza, Tossed Salad, Watermelon, Milk |
| Yogurt & Granola | Banana Smoothie w/ Graham Crackers | Waffle Sticks & Milk | Banana Bread & Milk | Pretzels & Milk |

**Feed Me Fresh October 2021 Mount Kisco Child Care Center**

MKCC Participates in the Child And Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2.. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!