

Feed Me Fresh November 2021 Mount Kisco Child Care Center

MKCC Participates in the Child And Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2..

MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
1 WGR Toasted Oat, Banana, Milk	2 WGR Bagels, Banana, Milk	3 WGR Oatmeal, Bananas, Milk	4 WGR Pancakes, Blueberries, Milk	5 WGR Life, Banana, Milk
Ritz Crumb Chicken Tenders, Sweet Potatoes Fries, WW Dinner Roll, Oranges, Milk	Mac & Cheese, WGR Elbow, Asparagus, Pears, Milk	Stuffed Pepper w/ Beef & WGR Brown Rice, Roll, Oranges, Milk	Hand Crafted Turkey Burgers, WW Roll, Roasted Sweet Potatoes, Melon, milk	Chicken & Broccoli, Fried Rice, Apples, Milk
Pepper Strips & Ranch / Milk	Graham crackers & Milk	Yogurt & Granola	Cheese stick & Cracker	Pretzels & Mil
8 WGR Toasted Oat Banana, Milk	9 WGR Bagels, Banana, Milk	10 WW Bread, Egg, Blueberry, Milk	11 WGR Waffles, Banana, Milk	12 WGR Life, Banana, Milk
Baked Pork Loin, Polenta, Baby Carrots, Baked Apples, Milk	Beef Meatloaf, WGR Roll, Smashed Potatoes, Peaches, Milk	Monte Cristo/French Toast (Ham, Turkey, Cheese), Sweet Pot. Fries, Pineapple, Milk	Chicken Teriyaki, WGR Brown Rice, Oriental Vegetable, Oranges, Milk	Battered Cod, Asparagus, WGR Roll, Pears, Milk
Animal Crackers & Milk	Oranges & Milk	Yogurt & Granola	Crackers & Cheese Stick	Pumpkin Bread & Milk
15 WGR Toasted Oat, Banana, Milk	16 WGR Bagels, Banana, Milk	17 WGR Oatmeal, Bananas, Milk	18 WGR Pancakes, Blueberries, Milk	19 WGR Life, Banana, Milk
Hot Roast Turkey, Stuffing, Brussel Sprouts, Oranges, Milk	Chicken Bacon Ranch, WGR Dinner Roll, Spinach, Pear, Milk	Swedish Meatballs, WGR Brown Rice, Green Beans, Strawberries, Milk	Chicken & Dumplings, Mixed Veg, Oranges, Milk	Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk
Pepper strips, Dip & Milk	Graham Crackers & Milk	Cauliflower Cheese Bread & Milk	Guacamole & Baked Chips	Zoo Animal Crackers & Milk
22 WGR Toasted Oat, Banana, Milk	23 WGR Bagels, Apple Sauce,, Milk	24 WW Bread, Egg, Blueberry, Milk	25	26
Sloppy Joes, WW Roll, Green Beans, Salad, Apples, Milk	BBQ Chicken, Corn on Cob, Corn Bread, Watermelon, Milk	Grilled Cheese, WW Bread Broccoli Soup, bananas, Milk	Happy	Thanksgiving
Trail Mix & Milk	Berry & Mango Parfait w/ Milk	Cheese & Crackers		
29 WGR Toasted Oat, Banana, Milk	30 WGR Bagels, Banana, Milk			
Chicken Souvlaki, Confetti Rice, Salad, , Milk	Beef Burger, WW Roll, Broccoli Salad, Pear, Milk			
Yogurt & Granola	Banana Smoothie w/ Graham Crackers			