

Feed Me Fresh December 2021 Mount Kisco Child Care Center

MKCC Participates in the Child And Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2..

MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WGR Oatmeal, Banana, Milk	2 WGR Pancakes, Peaches, Milk	3 WGR Life, Banana, Milk
		Stuffed Pepper w/ Beef & WGR Brown Rice, Roll, Oranges, Milk	Cranberry Apple Pork Loin, Roasted Butternut Squash, Risotto, Melon, Milk	Gen.Tso Chicken,Veg.Egg Roll Pad Thai Noodle, Apples, Milk
		Yogurt & Granola	Cheese stick & Cracker	Pretzels & Milk
6 WGR Toasted Oat Banana, Milk	7 WGR Bagels, Banana, Milk	8 WW Bread, Egg, Blueberry, Milk	9 WGR Waffles, Strawberries, Milk	10 WGR Life, Banana, Milk
Beef Chili WGR Mac, Green Beans, Baked Apples, Milk	Honey Bourbon Chicken, WGR Brown Rice, Broccoli, Pineapples, Milk	Grilled Cheese, WW Bread, Escarole & White Bean Soup, Oranges, Milk	Turkey Meat Sauce, WGR Rotini, Zucchini, Blueberries, Milk	Battered Cod, Asparagus, WGR Roll, Pears, Milk
Animal Crackers & Milk	Oranges & Milk	Yogurt & Granola	Crackers & Cheese Stick	Pumpkin Bread & Milk
13 WGR Toasted Oat, Banana, Milk	14 WGR Bagels, Banana, Milk	15 WGR Oatmeal, Banana, Milk	16 WGR Pancakes, Blueberries, Milk	17 WGR Life, Banana, Milk
Smothered Chicken, Tomatoes, Onions & Mozz Cheese, Garlic Bread, Peaches, Milk	Pork Wellington,, cornbread, Sweet Red Pepper Sauce, Spinach, Pear, Milk	Beef Enchiladas, Mexican Street Corn WW Tortilla shell, Strawberries, Milk	Chicken & Biscuits, Mixed Veg, Oranges, Milk	Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk
Pepper strips, Dip & Milk	Graham Crackers & Milk	Cauliflower Cheese Bread & Milk	Guacamole & Baked Chips	Zoo Animal Crackers & Milk
20 WGR Toasted Oat, Apples, Milk	21 WGR Bagels, Apple Sauce,, Milk	22 WW Bread, Egg, Blueberry, Milk	23 WGR Waffles, Banana, Milk	24
Bake Ham, Mashed Sweet Potato WGR Dinner Roll, Oranges, Milk	BBQ Chicken, Corn on Cob, Corn Bread, Watermelon, Milk	Grilled Cheese, WW Bread Broccoli Soup, bananas, Milk	Sloppy Joes, WW Roll, Potato Wedges, Oranges, Milk	Happy Holidays
Trail Mix & Milk	Berry & Mango Parfait w/ Milk	Cheese & Crackers	Pretzels & Milk	
27 WGR Toasted Oat, Banana, Milk	28 WGR Bagels, Banana, Milk	29 WGR Oatmeal, Bananas, Milk	30 WGR Pancakes, Blueberries, Milk	31
Mac & Cheese, WGR Elbow, Asparagus, Pears, Milk	Ritz Crumb Chicken Tenders, Sweet Potatoes, WW Dinner Roll, Pineapple Milk	Stuffed Acorn Squash w/ Spinach & Cheese, WGR Brown Rice, Apples, Milk	Beef Burger, WW Roll, Broccoli Salad, Pear, Milk	Happy New Year
Yogurt & Granola	Banana Smoothie w/ Graham Crackers	Trail Mix & Milk	Graham crackers & Milk	