

# Feed Me Fresh January 2022 Mount Kisco Child Care Center

MKCC Participates in the Child And Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2..

MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
| 3 WGR Toasted Oat Banana, Milk                                  | 4 WGR Bagels, Banana, Milk   | 5 WW Bread, Egg, Clementine, Milk  | 6 WGR Pancakes, Blueberries, Milk                                  | 7 WGR Life, Banana, Milk                                     |
| Bake Ham, Mashed Sweet Potatoes, WGR Dinner Roll, Oranges, Milk | Chicken Tenders, Sweet Potatoes, WW Dinner Roll, Pineapple, Milk   | Ham & Cheese, Croissant, Broccoli Soup, Clementine, Milk                 | Vegetable Cheese Lasagna Melon, Milk                               | Teriyaki Chicken, Chinese veg., Lo Mein Noodle, Apples, Milk |
| Animal Crackers & Milk  | Oranges & Milk   | Yogurt & Granola   | Cheese stick & Cracker   | Pretzels & Milk  |
| 10 WGR Toasted Oat Banana, Milk                                 | 11 WGR Bagels, Blueberries, Milk                                   | 12 WGR Oatmeal, Banana, Milk   | 13 WGR Waffles, Clementine, Milk                                   | 14 WGR Life, Banana, Milk                                    |
| Turkey Chili WGR Mac, Green Beans, Baked Apples, Milk           | Scrambled Eggs, French Toast, Hash Browns, Syrup, Pineapples, Milk | Grilled Cheese, WW Bread, Tomato Soup, Oranges, Milk                     | Herb Rubbed Pork Loin, WGR Brown Rice, Zucchini, Blueberries, Milk | Battered Cod, Asparagus, WGR Roll, Pears, Milk               |
| Animal Crackers & Milk  | Oranges & Milk   | Yogurt & Granola   | Crackers & Cheese Stick  | Pumpkin Bread & Milk   |
| 17  | 18 WGR Bagels, Banana, Milk  | 19 WGR Oatmeal, Banana, Milk   | 20 WGR Pancakes, Blueberries, Milk                                 | 21 WGR Life, Banana, Milk                                    |
| Closed  | Pulled Pork, Cornbread, Creamed Spinach, Pear, Milk                | Philly Cheese Steak, WGR, Cheese Onions, Pasta Fagioli Soup Apples, Milk | Chicken & Biscuits, Mixed Veg, Oranges, Milk                       | Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk      |
|   | Graham Crackers & Milk   | Cauliflower Cheese Bread & Milk  | Guacamole & Baked Chips  | Zoo Animal Crackers & Milk                                   |
| 24 WGR Toasted Oat, Bananas, Milk                               | 25 WGR Bagels, Apple Sauce,, Milk                                  | 26 WW Bread, Egg, Blueberry, Milk  | 27 WGR Waffles, Banana, Milk                                       | 28 WGR Life, Banana, Milk                                    |
| Beef Sloppy Joes, WW Roll, Potato Wedges, Oranges, Milk         | Sausage, French Toast, Hash Browns, Syrup, Pineapples, Milk        | Grilled Cheese, WW Bread Broccoli Soup, bananas, Milk                    | Beef Meatloaf, Green Beans, WGR Brown Rice, Baked Apples, Milk     | Cheese Pizza, Salad, Apples, Milk                            |
| Trail Mix & Milk  | Berry & Mango Parfait w/ Milk                                      | Cheese & Crackers  | Pretzels & Milk  | Banana Bread & Milk  |
| 31 WGR Toasted Oat, Banana, Milk                                |  |  |  | 31   |
| Mac & Cheese, WGR Elbow, Asparagus, Pears, Milk                 |  |  |  |  |
| Yogurt & Granola  |  |  |  |  |