

Feed Me Fresh November 2022 Mount Kisco Child Care Center

MKCC Participates in the Child And Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2. MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
	1 WGR Bagels, Banana, Milk	2 WGR Oatmeal, Bananas, Milk	3 WGR Pancakes, Blueberries, Milk	4 WGR Life, Banana, Milk
	Mac & Cheese, WGR Elbow, Asparagus, Pears, Milk	Stuffed Pepper w/ Beef & WGR Brown Rice, Oranges, Milk	Baked Pork Loin, Kale & Quinoa Salad, Carrots, Melon, milk	Chicken & Broccoli, Fried Rice, Apples, Milk
	Graham Crackers & Milk	Yogurt & Granola	Cheese stick & Crackers	Pretzels & Milk
7 WGR Toasted Oat, Banana, Milk	8 WGR Bagels, Banana, Milk	9 WW Bread, Egg, Blueberry, Milk	10 WGR Waffles, Banana, Milk	11 WGR Life, Banana, Milk
Baked Meatloaf, Long Grain & Wild Rice, Carrots, Pineapple, Milk	Chicken Bacon Ranch, WGR Dinner Roll, Butternut Squash, Pear, Milk	Monte Cristo (French Toast, Ham, Turkey, Cheese), Sweet Potato Fries, Strawberries, Milk	Sante Fe Chicken, Cous Cous, Mexican Beans, Oranges, Milk	Battered Cod, Broccoli Tots, WGR Roll, Pears, Milk
Animal Crackers & Milk	Oranges & Crackers	Yogurt & Granola	Crackers & Cheese Stick	Pumpkin Bread & Milk
14 WGR Toasted Oat, Banana, Milk	15 WGR Bagels, Banana, Milk	16 WGR Oatmeal, Bananas, Milk	17 WGR Pancakes, Blueberries, Milk	18 WGR Life, Banana, Milk
Cavatelli, Turkey, Sausage, Tomato Ragu, Oranges, Milk	Chicken & Dumplings, Mixed Veg, Canteloupe, Milk	Swedish Meatballs, WGR Brown Rice, Green Beans, Strawberries, Milk	Hot Roast Turkey, Stuffing, Smash Potatoes, Brussel Sprouts W Bacon & Maple Butter, Peaches, Milk	Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk
Pepper strips, Dip & Milk	Graham Crackers & Milk	Cauliflower Cheese Bread & Milk	Guacamole & Baked Chips	Zoo Animal Crackers & Milk
21 WGR Toasted Oat, Banana, Milk	22 WGR Bagels, Apple Sauce, Milk	23 WW Bread, Egg, Blueberry, Milk	24	25
Sloppy Joes, WW Roll, Green Bean Salad, Apples, Milk	Baked Loaded Potato, Ground Turkey, Cheese, Sour Cream, WW Roll, Watermelon, Milk	Grilled Cheese, WW Bread Broccoli Soup, Bananas, Milk	Happy	Thanksgiving
Trail Mix & Milk	Berry & Mango Parfait w/ Milk	Cheese & Crackers		
28 WGR Toasted Oat, Banana, Milk	29 WGR Bagels, Banana, Milk	30 WGR Oatmeal, Bananas, Milk		
National French Toast Day, Sausage, Home Fries, Blueberries, Milk	Beef Burger, WW Roll, Broccoli Salad, Blueberries, Milk	Pulled Pork Cuban WW Sandwich, Yucca Fries, Mangos, Milk		
Yogurt & Granola	Apple Yogurt Loaf & Milk	Pepper Strips & Ranch & Milk		