

Feed Me Fresh December 2022 Mount Kisco Child Care Center

MKCC Participates in the Child And Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2..

MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
			1 WGR Pancakes, Peaches, Milk	2 WGR Life, Banana, Milk
			Lemon Chicken, WGR Brown Rice, Zucchini, Melon, Milk	Cheese Quesadillas, Rice & Beans, Plantains, Milk
			Pear Crisp w/ Oat Topping, Milk	Pretzels & Milk
5 WGR Toasted Oat, Banana, Milk	6 WGR Bagels, Banana, Milk	7 WW Fried Egg & English Muffin, Blueberries, Milk	8 Sausage Gravy & Biscuits, Bananas, Milk	9 WGR Life, Banana, Milk
Mac & Cheese, WGR Elbow, Asparagus, Pears, Milk	Taco Tuesday, Lettuce, Cheese, Salsa, Taco Shell, Pineapples, Milk	Grilled Cheese, WW Bread, Broccoli Cheddar Soup, Oranges, Milk	Teriyaki Chicken, WGR Brown Rice, Oriental Veg., Blueberries, Milk	Battered Cod, Cole Slaw, WGR Roll, Pears, Milk
Animal Crackers & Milk	Mandarin Oranges & Crackers	Trail Mix & Milk	Holiday Granola & Yogurt	Pumpkin Bread & Milk
12 WGR Toasted Oat, Banana, Milk	13 WGR Bagels, Banana, Milk	14 WGR Oatmeal, Banana, Milk	15 WGR Pancakes, Blueberries, Milk	16 WGR Life, Banana, Milk
Smothered Chicken, Peppers, Onions & Mozz Cheese, Garlic Bread, Peaches, Milk	Beef Burger, WW Roll, Broccoli Salad, Kiwi, Milk	Grilled Cheese, WW Bread, Tomato Soup, Clementine, Milk	Chicken & Biscuits, Mixed Veg, Oranges, Milk	Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk
Pepper Strips, Dip & Milk	Graham Crackers & Milk	Cauliflower Bread & Milk	Cheese & Cracker	Zoo Animal Crackers & Milk
19 WGR Toasted Oat, Apples, Milk	20 WGR Bagels, Apple Sauce, Milk	21 WW Bread, Egg, Blueberry, Milk	22 WGR Waffles, Banana, Milk	23 WGR Life, Banana, Milk
Eggplant Parmesan, Garlic Bread, Oranges, Milk	BBQ Chicken, Potato Pancakes, WGR Roll, Watermelon, Milk	Broccoli Quiche, WGR Roll, Roasted Potatoes, Apples, Milk	Sloppy Joes, WW Roll, Potato Wedges, Oranges, Milk	White Bean WGR Pasta Primavera, Baked Apples, Milk
Trail Mix & Milk	Berry & Mango Parfait w/ Milk	Cheese & Crackers	Graham Crackers & Milk	Rice Cakes & Milk
26	27 WGR Bagels, Banana, Milk	28 WGR Oatmeal, Bananas, Milk	29 WGR Pancakes, Blueberries, Milk	30 WGR Life, Banana, Milk
Closed	Deconstructed Chicken Kebabs, WGR Brown Rice, Mix of Vegetables, Pineapple, Milk	Grilled Cheese, WW Bread, Split Pea, Clementine, Milk	Pork Loin, Cornbread, Spinach, Pear, Milk	Cheese Pizza, Tossed Salad, Apples, Milk
	Sun butter & Jelly Sandwich, Milk	Trail Mix & Milk	Oatmeal Cookie & Milk	Bavarian Pretzel & Milk