

Feed Me Fresh January 2023 Mount Kisco Child Care Center

MKCCC Participates in the Child and Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2..

MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 WGR Bagels, Banana, Milk	4 WW Bread, Egg, Clementine, Milk	5 WGR Pancakes, Blueberries, Milk	6 WGR Life, Banana, Milk
Closed Happy New Year!	Meat Sauce, WGR Pasta, Green Beans, Pineapple, Milk	Grilled Cheese, Navy Bean Soup, Clementine, Milk	Baked Potato Boats, w/ Chili, Sour Cream & WGR Dinner Roll, Cauliflower, Melon, Milk	Teriyaki Chicken, Chinese Vegetables, WGR Brown Rice, Apples, Milk
	Cheese stick & Crackers	Yogurt & Granola	Banana Oat Squares & Milk	Pretzels & Milk
9 WGR Toasted Oat, Banana, Milk	10 WGR Bagels, Blueberries, Milk	11 WGR Oatmeal, Banana, Milk	12 WGR Waffles, Clementine, Milk	13 WGR Life, Banana, Milk
Beef Meatloaf, Mashed Potatoes, WGR Brown Rice, Baked Apples, Milk	Baked Herbed Chicken, Spinach & Cous Cous , Pineapples, Milk	Sloppy Joes, WW Bread, Tomato Soup, Oranges, Milk	Herb Rubbed Pork Loin, WGR Quinoa Pilaf , Asparagus, Blueberries, Milk	Battered Cod, Cole Slaw, WGR Roll, Pears, Milk
Animal Crackers & Milk	Oranges & Cracker	Cucumbers, Dip & Milk	Crackers & Cheese Stick	Pumpkin Bread & Milk
16	17 WGR Bagels, Banana, Milk	18 WGR Oatmeal, Banana, Milk	19 WGR Pancakes, Blueberries, Milk	20 WGR Life, Banana, Milk
Closed	Baked Ham, Brussel Sprouts , WGR Dinner Roll, Oranges, Milk	Philly Cheese Steak, WGR Roll, Cheese Onions, Pasta Fagioli Soup, Apples, Milk	Chicken, Barley & Mushroom Risotto , Mixed Vegetables, Oranges, Milk	Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk
	Graham Crackers & Milk	Guacamole & Baked Chips	Cauliflower Cheese Bread & Milk	Zoo Animal Crackers & Milk
23 WGR Toasted Oat, Bananas, Milk	24 WGR Bagels, Apple Sauce, Milk	25 WW Bread, Egg, Blueberries, Milk	26 WGR Waffles, Banana, Milk	27 WGR Life, Banana, Milk
Cavatelli, Turkey & Sausage Ragù, Green Beans, Apples, Milk	Meatballs Stroganoff, Mushrooms, WGR Brown Rice, Pineapples, Milk	Grilled Cheese, Kale Salad w/ Quinoa , Bananas, Milk	Chicken Rice Soup , Mixed Vegetables, Blueberries, Milk	Cheese Pizza, Salad, Apples, Milk
Trail Mix & Milk	Berry & Mango Parfait w/ Milk	Pretzels & Milk	Cheese stick & Crackers	Banana Bread & Milk
30 WGR Toasted Oat, Banana, Milk	31 WGR Bagels, Blueberries, Milk			31
WGR Baked Ziti, Green Beans, Garlic Bread, Oranges, Milk	Taco Tuesday, Cheese, Lettuce, Salsa, Sour Cream, Mango, Milk			
Yogurt & Granola	Sun Butter & Crackers			