

# Feed Me Fresh February 2023 Mount Kisco Child Care Center

MKCC Participates in the Child and Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP.

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2.

MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WGR Oatmeal, Bananas, Milk	2 WGR Pancakes, Blueberries, Milk	3 WGR Life, Bananas, Milk
		Mac & Cheese, WGR Elbow, Asparagus, Pears, Milk	Chicken & Biscuits, Mixed Vegetables, Melon, Milk	Pork loin, Roasted Potatoes, WGR Dinner Roll, Pineapples, Milk
		Yogurt & Granola	Cheese stick & Cracker	Pretzels & Milk
6 WGR Toasted Oat Bananas, Milk	7 WGR Bagels, Blueberries, Milk	8 WW Bread, Egg, Bananas, Milk	9 WGR Waffles, Clementine, Milk	10 WGR Life, Bananas, Milk
Sloppy Joes, WW Roll, Potato Wedges, Oranges, Milk	Chicken Marsala, WGR Pasta, Sauteed Spinach, Oranges, Milk	Sausage, French Toast, Hash Browns, Syrup, Pineapples, Milk	Hand Crafted Turkey Burger, WGR Roll, <b>Root Vegetable Fries</b> , Blueberries, Milk	Battered Cod, Asparagus, WGR Roll, Pears, Milk
Animal Crackers & Milk	Graham crackers & Milk	Yogurt & Granola	Crackers & Cheese Stick	Goldfish & Milk
13 WGR Toasted Oat Bananas, Milk	14 WGR Bagels, Blueberries, Milk	15 WGR Oatmeal, Bananas, Milk	16 WGR Pancakes, Blueberries, Milk	17 WGR Life, Bananas, Milk
Baked Ham, Mashed Sweet Potatoes, WGR Dinner Roll, Oranges, Milk	Chicken Teriyaki, WGR Brown Rice, Oriental Vegetables, Oranges, Milk	Grilled Cheese on WW Bread, Split Pea Soup, Apples, Milk	Sliced Steak, Potatoes, <b>Potato Celeriac Chive Cakes</b> , Cantaloupe, Milk	Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk
Animal Crackers & Milk	<b>Banana Oat Squares &amp; Milk</b>	Guacamole & Baked Chips	Cauliflower Cheese Bread & Milk	Oatmeal raisin bread & Milk
20	21 WGR Bagels, Blueberries, Milk	22 WW Bread, Egg, Bananas, Milk	23 WGR Waffles, Bananas, Milk	24 WGR Life, Bananas, Milk
Closed	Pork & Apple Burger, WW Roll, Pears, Potato Wedges, Milk	Turkey & Cheese Melt, <b>Chicken Rice Soup</b> , Peaches, Milk	Oriental Chicken Salad w/ <b>Carrot Ginger Dressing</b> , WGR Roll, Pears, Milk	Cheese Pizza, Salad, Apples, Milk
	Berry & Mango Parfait w/ Milk	Cheese & Crackers	Pretzels & Milk	WGR Blueberry Bread & Milk
27 WGR Toasted Oat, Bananas, Milk	28 WGR Bagels, Blueberries, Milk			31
Mac & Cheese, WGR Elbow, Asparagus, Pears, Milk	Baked Ham, <b>Butternut Squash</b> , WGR Dinner Roll, Pineapples, Milk			
Trail Mix & Milk	Pizza Bagels & Milk			