

Feed Me Fresh October 2023 Mount Kisco Child Care Center

MKCCC Participates in the Child And Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat Milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2.

MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
2 WGR Toasted Oats, Bananas, Milk	3 WGR Bagels, Bananas, Milk	4 WGR Oatmeal, Bananas, Milk	5 WGR Pancakes, Blueberries, Milk	6 WGR Life, Bananas, Milk
Baked Pork Loin, WGR Quinoa, Roasted Butternut Squash, Baked Apples, Milk	Taco Tuesday: Beef, Cheese, Lettuce, Taco Shell, Salsa, Apples, Milk	Grilled Cheese, WW Bread, Broccoli Soup, Pineapples, Milk	Ritz Crumb Chicken Tenders, Spaghetti Squash , WW Dinner Roll, Oranges, Milk	Baked Potato Boats w/ Turkey Chili, Cheese, Sour Cream, WW Dinner Roll, Blueberries, Milk
Cheese & Crackers	Mangos & Crackers	Trail Mix & Milk	Zoo Animal Crackers & Milk	Pretzels & Milk
	10 WGR Bagels, Bananas, Milk	11 WW Bread, Egg, Blueberries, Milk	12 WGR Waffles, Blueberries, Milk	13 WGR Life, Bananas, Milk
Closed	French Toast, Sausage, Home Fries, Oranges, Milk	Grilled Ham & Cheese on Croissant, Pasta Fagioli Soup, Cantaloupe, Milk	Chicken Teriyaki, WGR Brown Rice Smashed Squash , Mandarin Oranges, M	Battered Cod, Cole Slaw, WGR Roll, Blueberries, Milk
	Graham Crackers & Milk	Yogurt & Granola	Banana Oat Bars & Milk	Abby's Fruit Salsa & Pita
16 WGR Toasted Oats, Bananas, Milk	17 WGR Bagels, Bananas, Milk	18 WGR Oatmeal, Bananas, Milk	19 WGR Pancakes, Blueberries, Milk	20 WGR Life, Bananas, Milk
WGR Penne w/ Meat Sauce, Broccoli, Apples, Milk	Hot Roast Turkey, Stuffing, Brussel Sprouts , Oranges, Milk	Stroganoff Meatballs, WGR Brown Rice, Green Beans, Blueberries, Milk	Chicken & Waffles, Winter Squash Soup , Honeydew, Milk	Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk
Goldfish Graham & Milk	Pizza Bagels & Milk	Cauliflower Cheese Bread & Milk	Guacamole & Baked Chips	Zoo Animal Crackers & Milk
23 WGR Toasted Oats, Bananas, Milk	24 WGR Bagels, Bananas, Milk	25 WW Bread, Egg, Blueberries, Milk	26 WGR Waffles, Bananas, Milk	27 WGR Life, Bananas, Milk
Sloppy Joes, WW Roll, Butternut Squash Sticks, Peaches, Milk	BBQ Chicken, Corn Bread, Baked Beans, Watermelon, Milk	Grilled Cheese, WW Bread, Split Pea Soup, Apples, Milk	Beef Taco Lasagna (Cheese, Sour Cream, Salsa, WW Soft Tortilla, Lettuce) Mangos, Milk	Cheese Pizza, Tossed Salad, Watermelon, Milk
Trail Mix & Milk	Yogurt & Granola	Banana Bread & Milk	Pumpkin Sweetie Bread & Milk	Apples & Sun Butter
30 WGR Toasted Oats, Bananas, Milk	31 WGR Bagels, Bananas, Milk			
Chicken, Cheese & Broccoli Bake w/ WGR Brown Rice, Cantaloupe, Milk	Monster Veggie Burger, WW Roll, Peg Leg Potato Wedges, Apples, Milk			
Graham Crackers, Apple Sauce	Cheese & Crackers			