

# Feed Me Fresh December 2023 Mount Kisco Child Care Center

MKCCC Participates in the Child And Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

If your child has a food allergy, please provide the information to Administrators, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2..

MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|--|--|---|
|  |   |  |  | 1 WGR Life, Banana, Milk  |
|  |   |  |  | Cheese Quesadillas, Rice & Beans, Mangos, Milk                                  |
|  |   |  |  | Pretzels & Milk   |
| 4 WGR Toasted Oats, Bananas, Milk                              | 5 WGR Bagels, Blueberries, Milk   | 6 WGR Oatmeal, Bananas, Milk   | 7 English Muffins, Bananas, Milk                                     | 8 WGR Life, Bananas, Milk   |
| Mac & Cheese with WGR Elbow, Asparagus, Pears, Milk            | Taco Lasagna, Salsa, Rice, Beans, Sour Cream, Salsa, Tortilla Shell, Pineapples, Milk | Ham & Cheese Croissant, Pasta Fagioli, Cantaloupe, Milk                | Teriyaki Chicken, WGR Brown Rice, Oriental Vegetables, Oranges, Milk | Battered Cod, Cole Slaw, WGR Brown Rice, Apples, Milk                           |
| Animal Crackers & Milk   | Mandarin Oranges & Crackers   | Trail Mix & Milk   | Pear Crisp w/ Oat Topping, Milk                                      | Pumpkin Bread & Milk  |
| 11 WGR Toasted Oats, Bananas, Milk                             | 12 WGR Bagels, Bananas, Milk  | 13 WGR Oatmeal, Strawberries, Milk                                     | 14 WGR Pancakes, Blueberries, Milk                                   | 15 WGR Life, Bananas, Milk  |
| Healthy Chicken Parmesan, WGR Pasta, Green Beans, Apples, Milk | Beef Burger, WW Roll, Warm Spinach Salad w/ Warm Bacon Honey Mustard, Pears, Milk     | Grilled Cheese, WW Bread, Cream of Turkey Veg. Soup, Clementines, Milk | Chicken & Biscuits, Mixed Vegetables, Oranges, Milk                  | Pork Loin, Barley Risotto, Corn, Pears, Milk                                    |
| Pepper Strips, Dip & Milk                                      | Graham Crackers & Milk  | Cauliflower Bread & Milk   | Holiday Granola & Yogurt   | Zoo Animal Crackers & Milk  |
| 18 WGR Toasted Oats, Apples, Milk                              | 19 WGR Bagels, Apple Sauce, Milk  | 20 WGR Oatmeal, Banana, Milk   | 21 WGR Waffles, Blueberries, Milk                                    | 22 WGR Life, Bananas, Milk  |
| Eggplant Parmesan, Garlic Bread, Oranges, Milk                 | BBQ Chicken, Potato Pancakes, WGR Roll, Watermelon, Milk                              | Broccoli Cheese Quiche, WGR Roll, Zucchini & Squash, Apples, Milk      | Sloppy Joes, WW Roll, Potato Wedges, Oranges, Milk                   | Deconstructed Chicken Kebabs, WGR Brown Rice, Mixed Vegetables, Pineapple, Milk |
| Trail Mix & Milk   | Cauliflower Cheese Bread  | Cheese & Crackers  | Graham Crackers & Milk   | Rice Cakes & Milk   |
| 25   | 26  | 27 WGR Oatmeal, Bananas, Milk  | 28 WGR Pancakes, Blueberries, Milk                                   | 29 WGR Life, Bananas, Milk  |
| Closed   | Closed  | Grilled Cheese, WW Bread, Split Pea Soup, Clementines, Milk            | Battered Cod, Cole Slaw, WGR Brown Rice, Apples, Milk                | Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk                         |
|  |   | Trail Mix & Milk   | Oatmeal Cookie & Milk  | Bavarian Pretzel & Milk   |