

# Feed Me Fresh November 2023 Mount Kisco Child Care Center

MKCCC Participates in the Child And Adult Care Food Program. Meal Components & Portions are served in accordance with guidelines put forth by CACFP

March 23  
Menu.docx

If your child has a food allergy, please provide the information to The Nurse, Classroom Teacher & the receptionist at the front desk as soon as possible. MKCCC will work with you to meet the dietary needs of your child to the extent possible. Water is available at all times. Low Fat milk and Cheese is served to all children over the age of two. Whole Milk Served to Children under the age of 2..

MKCCC is a nut free facility. Please be advised that menu is subject to change without notice. Thank you. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WGR Oatmeal, Bananas, Milk	2 WGR Pancakes, Blueberries, Milk	3 WGR Life, Bananas, Milk
		Herb Crusted Pork Loin, WGR Brown Rice, Red Cabbage, Oranges, Milk	Beef Burger, <b>Kale &amp; Quinoa Salad</b> , Carrots, Peaches, Milk	Chicken & Broccoli, Fried Rice, Apples, Milk
		Yogurt & Granola	Cheese stick & Cracker	Pretzels & Milk
6 WGR Toasted Oats, Bananas, Milk	7 WGR Bagels, Strawberries, Milk	8 WGR Oatmeal, Bananas, Milk	9 WGR Waffles, Blueberries, Milk	10 WGR Life, Bananas, Milk
Baked Meatloaf, Long Grain & Wild Rice, Carrots, Pears, Milk	Chicken Bacon Ranch, WGR Dinner Roll, <b>Butternut Squash</b> , Pear, Milk	Monte Cristo (French Toast w/Ham, Turkey, Cheese), Sweet Potato Fries, Strawberries, Milk	Sante Fe Chicken, <b>Spinach &amp; Cous Cous</b> , Mexican Beans, Oranges, Milk	Battered Cod, Broccoli Tots, WGR Roll, Pears, Milk
Animal Crackers & Milk	Oranges & Crackers	Yogurt & Granola	Crackers & Cheese Stick	Pumpkin Bread & Milk
13 WGR Toasted Oats, Bananas, Milk	14 WGR Bagels, Strawberries, Milk	15 WGR Oatmeal, Bananas, Milk	16 WGR Pancakes, Blueberries, Milk	17 WGR Life, Bananas, Milk
Cavatelli, Turkey & Chicken Sausage Ragu, Peas, Oranges, Milk	Chicken & Dumplings, Mixed Vegetables, Cantaloupe, Milk	Swedish Meatballs, WGR Brown Rice, Green Beans, Pineapples, Milk	Hot Roast Turkey, Stuffing, Smash Potatoes, <b>Brussel Sprouts W Bacon &amp; Maple Butter</b> , Peaches, Milk	Flat Bread Cheese Pizza, Tossed Salad, Watermelon, Milk
Pepper strips, Dip & Milk	Graham Crackers & Milk	Cauliflower Cheese Bread & Milk	Guacamole & Baked Chips	Animal Crackers & Milk
20 WGR Toasted Oats, Bananas, Milk	21 WGR Bagels, Apple Sauce, Milk	22 WW Bread, Egg, Blueberries, Milk	23	24
Sloppy Joes, WW Roll, Green Bean Salad, Apples, Milk	French Toast, Sausage, Home Fries, Pears, Milk	Mac & Cheese, WGR Elbow, Asparagus, Pears, Milk	<b>Happy</b>	<b>Thanksgiving</b>
Trail Mix & Milk	Berry & Mango Parfait w/ Milk	Cheese & Crackers		
27 WGR Toasted Oats, Bananas, Milk	28 WGR Bagels, Strawberries, Milk	29 WGR Oatmeal, Bananas, Milk	30 WGR Pancakes, Blueberries, Milk	
National French Toast Day, Sausage, Home Fries, Blueberries, Milk	Beef Burger, WW Roll, Broccoli Salad, Blueberries, Milk	Pulled Pork Cuban WW Sandwich, Yucca Fries, Mangos, Milk	Cheese Quesadilla, WW Wrap, Mexican Corn, Oranges, Milk	
Yogurt & Granola	Apple Yogurt Loaf & Milk	Pepper Strips & Ranch & Milk	<b>Kale &amp; White Bean Bruschetta</b>	